

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): August 4, 2017

INNOCAP, INC.

(Exact name of registrant as specified in its charter)

_____ Nevada (State or Other Jurisdiction of Incorporation)	_____ 333-153035 (Commission File Number)	_____ 01-0721929 (IRS Employer Identification Number)
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112 N. Walnut Street
PO Box 489
Jefferson, TX 75657-0489

(Address of principal executive offices) (zip code)

770-378-4180

(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- [] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - [] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - [] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 7.01 Regulation FD Disclosure.

On August 4, 2017, the Company issued a press release describing current activities and plans.

A copy of the press release issued by the Company concerning the foregoing is furnished herewith as Exhibit 99.1 and is incorporated herein by reference. The information in this Item 7.01 (including the exhibit hereto) relating to this announcement shall not be deemed filed under the Securities and Exchange Commission's rules and regulations and shall not be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

99.1 Press Release issued August 4, 2017 regarding current activities and plans.

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, Innocap, Inc. has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: August 4, 2017

/s/ Paul Tidwell

Paul Tidwell

Chief Executive Officer

Innocap, Inc.'s Plans

Paul Tidwell, Innocap's President, has devoted the past several years identifying and researching potential salvage projects for Innocap to pursue. Mr. Tidwell has more than 25 years of experience in this area including, prior to joining Innocap, having met with and negotiated salvage contracts with officials of many countries, including Oman, the People's Republic of China, Japan, and Guyana. He has been involved in many recoveries including the deepest known recovery dive to date.

Prior to getting involved in a salvage project, Mr. Tidwell does extensive due diligence and research procedures studying all available material. His plans always include recovery of historical artifacts as well as potential treasures as well as determining the best likely repositories for recovered treasures.

Mr. Tidwell is also intensely motivated to bring the full historical story of the people involved in the original mishap that brought about a treasure being lost to the sea. His undertakings have been documented by various trusted authorities, including *National Geographic Magazine*, NBC television and the Guinness Book of World Records 2000 Millennium Edition. *National Geographic* articles that include discussions about Mr. Tidwell have been translated into five different languages. Television specials have appeared on NBC in the United States and on NHK in Japan. Other sources that have covered or referred to Mr. Tidwell's exploits include:

The hardcover book, *Silent Killers: Submarines and Underwater Warfare*, by James P. Delgado and Clive Cussler, *Battleground Atlantic* by Richard Billings, *The Universe Below*, by two-time Pulitzer prize winner, William J. Broad, and *Sunrise Cartel* by Robert Wernli.

The New York Times has written two articles about Tidwell (in 1995 and 1999), Washington Post did an article (1995), and the German magazine, Der Spiegel, has done an article.

Other articles have appeared in the Japan Times, the Yomiuri Shimbun (which has the largest circulation in the world), Time, Newsweek, Discover, Naval History, US News and World Report.

Some of his experiences include:

The salvage of the SS John Barry, which successfully recovered 1.5 million silver coins at a depth of 8,500 feet.

The uncovering of a little-known military engagement that is now known by millions of people around the world, The discovery of the WW II Japanese submarine I-52, at a water depth of 17,500 feet...a mile deeper than the HMS Titanic.

He has made presentations in distinguished halls of higher learning and been referred to in television documentaries, social media videos and even video games. He has given lectures and press conferences in several countries which include the US, Japan, United Kingdom and the Navy Aviators at the US Naval Academy.



For these reasons, Mr. Tidwell is often called the “Diver of the Past!”

Now Mr. Tidwell has decided to use his research from the past several years to plan specific projects and has commenced negotiations that are necessary to gain approval and funding for these planned projects. These negotiations will start in Indonesia and may extend to Singapore and the Philippines. Innocap cannot predict the likelihood of these negotiations being successful.

Certain information in this press release contains statements that are forward-looking in nature and involve certain significant risks and uncertainties. Actual results could differ materially from such forward-looking information. The Company's Securities and Exchange Commission filings identify many such risks and uncertainties. Any forward-looking information in this press release is qualified in its entirety by the risks and uncertainties described in such Securities and Exchange Commission filings.

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